

# LION'S ROAR

News from Logan Elementary School

November 12, 2020

### Principal's Corner

Good day to each of you,

It looks like old man winter is finally upon us. And while the air may be crisp, and the snow upon us, getting outside remains important for the body, mind and soul. With that in mind, I wanted to pass along a few important weather-related items.

**Idling** your

It's a toxic health hazard.

It's hard on your engine.

It wastes expensive gas.

...gets you

nowhere.

car...

- Clothing: Students should come to school each day prepared to be outside for recess. Hats, gloves and a winter coat are a must, as are boots when the snow is on the ground. Families who have a need for assistance with these cold weather clothing items can contact Ikani Fakasiieiki, Logan's Community Health Worker, in order to access our clothing bank. He can be reached by email at ikanif1@spokaneschools.org or by phone at 354-3450.
- Temperatures: If temperatures dip down into the single digits (including windchill), students will stay indoors. I monitor local weather readings to ensure our

students are safe outside, knowing that while cold air is fresh and good for the body, when things get too cold it can be uncomfortable and even dangerous for young people.

• Idling: Logan participates in the no-idling zone program in Washington State. This program works to reduce pollution from cars around schools, as small bodies are more impacted by emissions than adult bodies. And besides, it is good for the environment as well! Some additional facts about the program are shown in the graphic above.

Welcome to cooler weather,

Brent A. Perdue

Principal, brentp@spokaneschools.org

### Idling Facts

Have you ever left your vehicle idling for more than 30-seconds? Maybe while waiting to pick up kids at school or soccer practice? Or, maybe when lined-up at the bank drive-up window? The truth is, we've all idled our cars unnecessarily. But we can do something about it now.

- ✓ Excessive idling is hard on today's engine
- Fuel doesn't undergo complete combustion, leaving spark plugs dirty and contaminating engine oil.
- Frequent restarting has negligible impact on engine components like the battery and starter.
- Idling wastes gas and pollutes the air.

#### Take the Pledge:

Turn it off after 30-seconds.

If you're going to be stopped for at least 30-seconds, please turn off the engine.

Reduce warm-up idling.

Today's modern engines need no more than 30-seconds of "warm up" on winter days before driving. The best way to warm up the engine is to drive.

#### Spread the word

Talk to your family and friends about the reasons not to idle. Encourage them to join you in saving money and contributing to a healthier community.

#### Tools Available

No Idle Zone materials, including signs are available to businesses, schools, and communities. Call 477-4727 ext. # 115 or visit SpokaneCleanAir.org.

### Download the Spokane Public Schools app today

A quick and easy way to so submit your student's daily health check.







### Daily Health Checks Required

All students attending school in person must have a daily health check completed each morning. Parents are encouraged to complete the health check before the child leaves home. This helps create a routine, and also gives time for the health check to be registered in the SPS reporting system.

The easiest way to complete the health check is through the Spokane Public Schools app, which is available on Google Play and the Apple App Store.





Attendance Hotline: 354-3496

## CAPTAIN COVIDES CAVIL

Watch New Episodes of Captain COVID each week on Logan's YouTube channel: https://bit.ly/2YURtUC



Kindergarteners and first graders have returned to school in person, and it looks like second graders are coming back soon. With more of you at school. I wanted to share some information about mask break areas on the playground. Logan Lions, whether young or old like Mr. Perdue, are required to wear masks while at school. But sometimes when you are outside and running around, you might feel like you need some big gulps of fresh air without a mask on. My friends at Logan have made this possible for you by setting up mask break areas. Just go to one of the spots shown in the picture and stand at one of

the fence posts.
Other fence
posts are over
6' away and
the white line
on the ground is
also 6' away.

Now, because the coronavirus can float in the air, it is VERY important that while you are

taking a mask break, you are not talking, yelling or singing out, so that you are keeping your friends safe! Just focus on breathing in the fresh air. And after you get done with your

### Remember Captain COVID's 3 W's:

Wear a Mask
Wash Your Hands
Watch Your Distance

break, put your mask back on and head off for more fun on the playground!

And just a reminder, don't touch the front of your mask when you take it off for a mask break. Take it off and put it back on by the ear straps so that you do not touch the front of your mask, where germs could be hiding!

### Kids Newspaper ▶ bit.ly/3l9gnsn



